THE MARIAN RULE

INTRODUCTION

The souls of men from the twenty-first century are very different from the souls of past generations. Modern man is not capable of great sacrifices. From childhood, he is raised with a notion of impunity and the overwhelming right to his own needs, to his own opinion and to his own life, which would not be subordinated to anyone or anything. Modern man is subjected exclusively to himself. He is his own king and master, which is tantamount to choosing Satan as his lord and building the kingdom of darkness on earth; about which, however, people do not know and are not aware of this matter in their huge spiritual ignorance.

Modern man strives for immediate comfort and happiness. He does not possess the virtue of patience. When he wants something, he obtains it immediately. When he suffers, his suffering is removed upon request. When he despairs, he strives for self-destruction as he does not possess any other alternative to alleviate his pain. Man is subjected to a pervasive denaturalization; his soul is constrained by the influence and the cravings of the body; his spirit is spoiled by the lack of discipline and any requirements both from the environment in which he resides as well as from himself¹.

In such a reality of our kingdom of unlimited freedom of our own "I" and existence, enters God telling us: give Me your will and you will quickly reach your perfection. In addition, He wants us to do eagerly what we do not want to do. Coming to such a capricious citizen of the Earth, God asks him to accept His Will and believe that it is a chance, a blessing, and in addition something extraordinary. Small accomplishments of the Will of God done by man with love, says God, will make Him give new life to souls devoid of grace, in which those souls will be able to expiate their sins and meet with God in Heaven.

¹ Compendium III from the Message for the End Times that have already come forth, vol. 9-16, Warsaw 2012, p. 153-154)

The Mother of God by coming to us with the so-called *Rules of everyday life*², wants to teach us to live consciously in the presence of God, believing that every human effort (working, sleeping, eating) can be perfectly incorporated into the work of Salvation of souls. This is done whenever man offers to God each matter, even the slightest. God wants man to notice each of these daily moments and offer to Him the will to do what has been entrusted to him by God. The motto of such a united life of God with man on the basis of will is: *Thank you, Jesus. Save this soul and I will gladly accomplish what You are asking me to do for it.*

God has no need for great deeds from man in order to save many souls; He only needs obedience in the fulfilment of His Will. The ideal of God for the modern world is: "a world in which reigns the love for one's neighbor". This is why God requires from man to accept His Will in what is uncomfortable, painful, and difficult. It is a form of penance that God needs so very much. God needs this penance, these crazy souls, which would want willingly to make amends to His justice. Today, so few people know and understand that God has placed on their shoulders the Salvation of many souls.

Embarking on that path of union with God, man must build in himself the atmosphere and conditions of "the House of Nazareth", completely change his attitude towards all activities of the daily life, and also towards those that are occurring against his will, and through this become an instrument through which God will proceed with His work. Henceforth, man will have to place the interest of God over self-interest. Only then, jointly with God, great things are carried out.

Dear Reader, by undertaking the effort of the formation of our interior according to the eleven rules dictated by the Mother of God, make the best possible use of your days because each day is needed by God and needed by the souls which God wants to save through you. "Your life does not belong to you... Make a sacrifice pleasing to Me from everything that opposes you... I expect a lot... a lot of sacrifices... I give you the grace, so you might recognize each time My call to repentance for these souls³".

² The Marian Rule for the Knights of Christ the King, Burnt Offerings and all children of Mary is a compilation of 11 rules of interior life, dictated between August and September 2014 by the Mother of God as part of the Message for the End Times that have already come forth.

³ Message for the End Times that have already come forth, (typescript), vol. 24, Message from 24.10.2014.

By introducing the reader to these Marian rules, I invite him into the realm of the school of interior life, where there will be no change in our professional activities and lifestyle in this world. Man, by living through these rules that are the Will of God, expressed by Mary, the Mother of God, does not have to lead the life of a hermit. God wants us to keep active in our family, social and professional lives, filling them with contemplative life (doing everything in God and for God). From there, it is not far to the school of mystical life.

To live for Me means not to let pass moments in which there is a lack of praise for Me. I would like that not a single moment of your life was empty and thoughtless, but that each of those precious specks of light, that is life, came back to Me from Earth, having given praise to Me. This is My deepest desire and the purpose of your life. I do not want searching for new paths. My path is determined. The manner of worshiping Me remains the same, but the meaning and the perpetuity of this worship have been forgotten and obliterated⁴.

Father Piotr Natanek, Ph.D. Hab.

First rule

1) FALLING ASLEEP IN GOD.

I am your mother. I will never abandon you. Do not be afraid, because I will always be with you, regardless of what will happen. Bless each day, because each day is for you a new time to make a sacrifice pleasing to God. Make this sacrifice every day through small renunciations during daily activities, all sighs and prayers, and through every confiding of your fears or anxieties in God. Never try to do anything on your own, but always ask for advice the One whom you love.

I would like to teach you to live in complete union with God. Of course, this will not happen in one day, but I desire that, by following My counsel, you strive for this union in your everyday life. The life that I led was an adoration of God, an adoration of all three Divine Persons in Me. Jesus, while leaving My womb, never left My Heart. He

⁴ Message for the End Times... (typescript), vol. 23, Message from 30.04.2014.

remained in it in a perfect union with His Father and the Holy Spirit. I want your life to be a faithful imitation of Mine. I will teach you how to offer every moment to God, so that His glory may be on earth.

We will begin with sleep, because sleep is rest for a pure soul. Even at rest, the Holy Spirit resides in the soul and fills it with His gifts. Even during dreams, the soul is watered by the grace of God, and the presence of God gives it the strength and the desire to grow in holiness. A man with a pure heart, going to rest, thus places his soul in the hands of the good God, so He may strengthen it for the road ahead and bestow upon it all the necessary graces for this road. The soul of man, if it is pure and devoid of worldly desires and yearnings, gives glory to God while resting, because even during sleep it is subjected to the will of man, and thus it rises to God during the time of rest and draws from Him an unconscious joy which, nevertheless, magnifies in the soul the desire to strive towards God.

Sleep is a blissful state, a state in which a child fully entrusts itself to His Father, because then the soul is not subjected to reason but only and solely to the will and it boldly goes ahead to the One who loves it. However, for this to happen, the soul must be pure. Thus, it is important to remember about the examination of conscience and the evening prayer. All imperfections in deeds, words and thoughts, as well as any failure to do good, should be brought to the attention of the conscience of man. When we regularly do a daily examination of conscience, sins still appear but they decrease in number and severity, because of a growing awareness of sin, weakness, and the desire to improve.

Sorrow for sins must appear. When it appears, repentance must take place in the soul, and later a resolve to improve. You can not improve everything at once and at the same time, so every day you can make the resolution to improve a particular weakness and ask, which is necessary, for help the Holy Spirit, the Guardian Angel, and your saint patron. I also readily help with the good intentions of My children. Ask for and expect help, nevertheless strive on your own from all your might. Do not give up when you do not see the results of your efforts. It does not mean anything if only you do not give up. The good God will finally gift you with grace, seeing your fruitless efforts.

After the examination of conscience, apologize for all the offences of your souls and ask for forgiveness. At the same time, be grateful for the fact that God is merciful and forgives you everything. Say the evening prayer, remembering that sleep should also be offered to God, in order to fully belong to Him. While falling asleep, cast away from yourselves the cares for temporal things, and be aware that you might not await the mourning and many of you will die precisely during the night. Thus, worrying about the next day is a waste of time. Entrust yourselves into My care and give yourselves into the hands of Your Father. Lay your souls in His loving hands, so you that you would be ready to leave your souls in His hands forever. Thus, if you do wake up in the morning, you will be happy that you are alive, and can still repent for sins and pray for mercy for those who need it the most. Because you get a chance to give your souls into the hands of God even more sanctified. However, those who will not receive another day will open their eyes in a new reality, yet without fear seeing themselves entirely in the hands of God, in whose hands the felt asleep.

Remember, every second of your life belongs entirely to God and you depend completely upon Him. If you live, it is because God desires it, when you die it is because your time on Earth has ended and you will take with you only what you managed to accumulate during your days. Your gifts for God can no longer increase. The words, with which you fall asleep, will be the same with which you will wake up in your future life. Thus, by placing your souls in the hands of God, call upon the name of Jesus; remember Me so I may always be close to you. Do not forget about your Guardian Angels and patron saints in Heaven, but say with love the name of My Son. Let His glory resound on Earth and echo over the entire Heaven. - Goodnight, My children. When you will wish to answer and call upon My name, then I will speak the name of "Jesus". I am always besides My Son and I am beside you. Never be afraid while entrusting yourselves into My care.

Give glory to God even during sleep, because the name that you call upon while falling asleep will rise as an echo to Heaven. You can order your souls to repeat it during the entire night. The soul of man in an ecstasy of love does not sleep. Your bodies sleep. The souls are there, where you will place them while falling asleep. Take advantage of this grace, giving every moment of your life to God. I bless you all in the name of the Father and the Son and the Holy Spirit. Amen.

Second rule

2) WAKING UP IN GOD.

Today I want to tell you about the morning, which was the experience of My life, and about the mornings which you have lived through and which you will still live through. When you open your eyes and light shines upon your face, answer with a smile. This light is not only given to your eyes, but also to your soul. Each new day is a new call to love God, because it is a great gift form the Creator. Within one day you can accomplish so much. By saying: "accomplish so much" I mean "to offer so many proofs of gratitude to God, and to do so much to help save the souls of your brothers and sisters".

When you open your eyes, first become aware of who you are, and who is the One who caused the sun to rise and your eyes to open up again. Let your first thought cling to Him and express to Him your gratitude. Kneel. Worship God who created you, who redeemed you, and who wishes to save you. Thank Him for another day and ask the Holy Spirit to be willing to guide your soul during this day in such a way, so it may bring the greatest glory to God. It will bring it to the extent to which it will fulfill the Will of God. Let your prayer be short but mindful. I am not taking now about the morning prayers, but only about the act of paying homage to God just after waking up, and submitting your subsequent day and entire life as a sacrifice to the Holy Spirit, so He could make use of the soul in carrying out His plan of the Salvation of the world.

Only now can appear thoughts about other matters. Remember, however, for God to be absolutely first, before everything and before everyone. When you open your eyes, God already leans over you as a tender mother. Your prayer is giving a kiss to God, who makes you wake up each morning. Try to live consciously. Do not forget why you live. Who gave you life, and that this is not an eternal gift. Each one of you will wake up only a certain amount of times and not a once thereafter. Do not waste any single morning, because not a single morning will be given back to you. On your mornings depend your days. This first sight towards God and giving Him power over your own life evokes the action of the Holy Spirit in the life of man, and results in the assistance of God in your daily affairs, so that everything that is ordinary becomes an extraordinary sacrifice of love. He wants to teach you to live for the glory of God. I bless you now, My children, in the name of the Father and the Son and the Holy Spirit. Amen.

Third rule

3) EATING IN GOD.

I have promised you to come and tell you about My life, so you might be able to imitate it. I want to leave you a template, so you might follow Me in everything. I thought you how to fall asleep and to wake up in God; always give Him back a kiss of love, with which He gifts you by awakening you to a new life every day. Renew your soul through the power of the Holy Spirit, the power of His love, and the power of faith, which He wishes to bestow upon you.

Today I want to teach you the next subject. I will teach you to eat. As a tender mother, I will teach you everything. Now I direct your attention to one of the basic activities, which you accomplish every day. Eating is not an ordinary activity. It is unusual considering that it sustains life in man. It is a tangible gift from God. If the hand of God did not feed man, he would die of hunger and thirst. You are helpless as infants waiting for the milk of their mother, and it seems to you that that you possess everything and decide about everything. If God did not bestow upon you abundance in harvest, no one could feed himself. Thus, while eating, man should remember one fundamental truth. He eats from the Will of God, from the goodness and the blessing of God. Just because His generous hand still remains open. The most important truth, which has been supplanted from the consciousness of man, is the full dependence of man upon God. Man feels that he is the master of his fate and dares to think that he does not need God. This is the biggest fraud of this century: the illusive self-sufficiency.

Going in for a meal, be aware that you will eat what has been prepared for you by your heavenly Father. In times when man needed to look for food himself, he knew that he would grow from the earth only what God will bless, on what He will send down rain, and what He will warm with the sun. He knew that he would nourish himself only with animals that will be kept healthy, that God will guard against predators and bad water. When he was hunting, he prayed for a blessing from Heaven. When he set out for a hunt, he asked for it to be abundant. Today, when everything belongs to everyone and nothing does not belong to anyone, no one prays either for the blessing of the earth nor for the success in hunting. It seems that God has been excluded from the process of food

production and became completely superfluous in it. This is the illusion of self-sufficiency to which you are subjected.

Before each meal, you should say a short prayer in order to become aware that you receive the nourishment from God and only from Him. It is Him who makes the inventions of man work. When He will close His hand, the whole theory of human self-sufficiency will fall apart. The prayer before a meal reminds man about his place in the world and gives glory to God in the form of simple gratitude for the care and blessing.

The meal itself should appease hunger. However, it should not exceed what is necessary. A child feeding on the milk of its mother never overeats. It eats exactly as much as it needs. Growing up and experiencing prosperity, man has learned to make from eating a sort of pleasure in itself. You should enjoy the gifts of God, but in such a way so that God will always be is in the first place. When the very act of nourishing yourselves gains superiority over God and masks Him before man, sin sneaks into the soul. You need God for Life, and food to sustain the earthly life. These proportions and the memory about them must be maintained.

Too plentiful meals have bad effects on the soul and on the body. The spirit of man becomes lazy and lethargic; reluctant to do mortifications and contemplation. The human body, in a similar way, weakens instead of strengthening and develops in itself many diseases, which result from the accumulation of too large quantities of food, and the lack of adjustment of their size to the processing capabilities of the organism. Thus, first of all, after saying the prayer, try to eat only as much as you need, and when you will stop feeling hunger, stop eating. This is the signal that you are satisfied and further eating will now work to your detriment. The meaning and purpose of eating is primarily to satisfy hunger; and, in the second place, it is a shared meal during which the family meets.

However, eating which goal is not to satisfy hunger, but to satisfy other goals, brings bad consequences. From the first moment of the life of man on Earth and the use of its gifts, this temptation appeared in the form of an apple, which man picked not to satisfy hunger, for he was full. Remember this event, so heavy in consequences, and do not treat your stomachs as toys to satisfy childish cravings, but reasonably and with respect, as people created in the image and the likeness of God.

When you appease huger, do not forget to thank the One who has fed you. May God be always present at your meals. Do not be ashamed of doing the sign of the cross before and after the meal. In that way, everything takes on a different value, and even the food becomes submerged and sanctified in the Passion of Christ, which gives a different, sacred dimension to everything. In that way, every subsequent meal can sanctify the soul, becoming more and more prayer and thanksgiving, and less and less ordinary consumption of food.

The baptized man is a temple of the Holy Spirit. God is the true interior of man. Food sustains only his body. Remember this while sleeping, eating, working and performing the multitude of daily chores. You are created in the image and the likeness of God and as His temple you move and live in the world. I want to remind you about your dignity and teach you to live in accordance with the Will of God, so that everything you do would please God. I bless you, daughter, in the name of the Father and the Son and the Holy Spirit. Amen.

Fourth rule

4) FAST.

My daughter, I come to teach you about the conduct during fasting. I know that you have great difficulties in maintaining a fast on bread and water. Your malaise is associated with the dehydration of the organism and the procrastination in consuming a meal until the moment in which you already begin to feel ill. Try to drink warm water since the early morning, to warm up and stimulate the organism, and after eat breakfast consisting only of bread. However, eat at least two slices of bread, regardless of whether you are hungry or not.

The secret of fasting resides in being able to resist temptation. You will manage to withstand the fast and offer it to Me, if you ask Me for it earlier and if you realize prior to it why you are fasting and what is the reason for your resolution. I ask for a fast for two reasons. Firstly, I desire a sacrifice of atonement for the sins of the world. Secondly, I desire to lead you to Heaven, and the fast is a path to the sanctification of the soul. It is much easier for the man who is fasting to accept spiritual gifts than for the one who is not fasting.

Another important condition in keeping a fast is not consuming a hearty meal the evening of the day before. Contrary to appearances, it does not help at all. It is better to eat lightly and wake up with a light stomach than being tired and without strength from the very beginning of the day. In general, if you eliminate excessive intake of food, then it will also be easier for the organism to accept the fast.

If you will fast regularly, the pain will disappear. If not regularly, you will keep struggling with it. The resolution about fasting should be constant. If you find yourself a justification once, you will always look for it. This is why it was easier for you at the beginning, and then more and more difficult, because you did not allow yourself any reprieve and you did not even consider the possibility of breaking the fast. The decision to undertake a fast on a particular day should be irrevocable. If you have already decided upon this, persevere. Then, this one temptation to abandon the fast will leave you. Remember that this is one of the few things for which I ask you, and unfortunately it is one of the most reluctantly realized requests. I know that this is not easy for you, but it is an easy way to gain the souls of sinners for Me. Think about others, about people who do not know God and sacrifice yourselves for them, because without your sacrifice I can not help them.

In the moment of the strongest temptation, try to immediately offer the fast in some intention. It can be My intention. You can offer it in the intention of sinners, the souls in Purgatory, peace in the world, your homeland, or a concrete matter that is important to you. I ask you however for the inclusion of fasting into your life, because you need it very much. I also need it very much, and this is why I ask you for help through this sacrifice. Ask the Holy Spirit for help, so He might be in control of your bodies. Fulfill My recommendations, and the fast will become possible for you. Not only that, it will become desirable for you. I will support you in these efforts, but do not give up; go ahead with this sacrifice because I ask for it.

Thanks to your efforts, I can hold back a lot of evil and many of its effects. However, I need your sacrifices. This is very important. Try to carry out My will at least for one month, and you will see and become convinced that you will be full of peace and it will be easier for you to master your emotions. A change already visible to you will occur in your souls, and I will perform changes in your surroundings. Believe in the strength of this sacrifice. Unite your fast with the fast of Jesus, and offer Him your temptations; remember that He also was tempted and persevered.

I will be very happy if you listen to Me, because many of you want to serve Me, but you are waiting for My graces. I also wish to make use of you, but without your collaboration I can not accomplish much even in yourselves, let alone toward others, for whom you ask Me. Do not leave Me alone, but help Me to save the world and numerous souls. Listen only to what I ask you for, and we will accomplish a great deal. I ask you for obedience and that you take deep into your heart My requests and try to fulfill them. Then, you will truly become My children and show Me your love, because the child who loves his mother fulfills her requests. Amen. I bless you all in the name of the Father and the Son and the Holy Spirit. Amen.

Fifth rule

5) WORK IN GOD.

Daughter, I will talk about My life, but in such a way so that you will be able to imitate Me in everything. My heart was imbued with love, and My mind was staring at the mysteries of God. In the midst of daily activities, it is possible to remain in union with God in thought and in heart. From this first moment in which you open your eyes till that last one in which you close them, strive to abide in thought and heart beside God, not only directing to Him your prayers, but also directing to Him each of your intentions. From that first moment after you wake up, try to always look upwards and to remember why you are alive. Who gave you life, and how great are the gratitude and the love that you owe to God. Remember about all the Tabernacles of the world and make amendments for the great loneliness of your God. By unceasingly turning your heart towards Jesus, you bring great consolation to His lonely Heart. I ask you to strive to do everything with Him and for Him.

Today I want to teach you to work. Work, regardless of whether it is physical labor or intellectual, absorbs a lot of the time and when left to these activities in themselves may even be a waste of time. Work is holy if it is offered to God and accomplished with love for Him. Regardless of the specifics of the work, whether it is service to other people directly or indirectly, it acquires a different dimension when it is offered. So the first and the most important rule concerning work, is to proceed with it after having previously offered it, and only then. During this short prayer, also ask the Holy Spirit so that you

may accomplish it according to His Will. Ask for help in that, what causes you difficulties. Such an offered work is already a prayer.

It happens, however, that the work which it comes to us to perform is not planned or longer for. Then, accomplishing it brings great difficulty, and the desire to offer it can escape from memory. All the more so, feeling resentment and anger because of this unplanned work, you have to offer it earlier and this time ask earnestly the Holy Spirit to change the bad feelings that it causes. Realize that this work, since completely unplanned by you, is the Will of God and not yours, so it has a greater value in the eyes of God and by performing it with love, you show even more love and loyalty to your Creator. Try then to offer it for something that you really care about. Remember Jesus who carried the heavy cross only and solely out of love. He did not have the slightest pleasure in this act. He performed it only and solely because such was the Will of His Father in Heaven. So if what you have to perform is not more difficult than what My Son accomplished for you, be thankful that for so little you can give back to God for so much.

While performing the work, during breaks, try to contemplate on the value of simple activities. To serve others is to serve God Himself. Any ordinary action is already sanctified by the fact that it was performed by Christ as a Man and Christ as God. So if God Himself worked and labored on Earth, you should also perform your work and be happy that you can repeat His actions. If you will unite your actions with the actions of Jesus on Earth, they will be only prayer, because Jesus did not perform any action mindlessly, but everything that He did was prayer and sacrifice to His Father for you.

After completing the work, give thanks for it; that you could exhaust yourselves for the glory of God. Give all credit to God, contenting yourselves with fulfilling His Will. This is all that belongs to you, and all that you will take away with you from this world. There where you are going, humbly working and suffering, everything is awaiting for you already prepared by the hand of God, by His work and His suffering. Will you come to the ready, and your work will support you on this journey only as much as it will be prayer, and thus as much as it will be offered and accomplished for the glory of God. I bless you all in the name of the Father and the Son and the Holy Spirit. Amen.

Sixth rule

6) HIDDEN LIFE IN GOD.

Write down My words for all who want to follow this path. I desire so much that you would be like Me. Therefore, I want to outline to you the model for Christian life, everyday life, without great deeds, but in secret, away from praises and spectators who give glory to people and take it away from God. In the privacy of your homes, you will become living sacrifices of love, so that God may receive worship and praise in your hearts, so that your sacrifices were visible to His eyes and only to His eyes; so that your sacrifices were hidden from the world. This pleases My Son. I desire to relocate with you to Nazareth and to nurture each one of you in My home as My child. I want to teach each one of you and to educate each one of you, so you would be the consolation of My Son and the antidote to the world. If you listen carefully to My words and follow what I ask of you, I will lead you straight to Heaven.

I want to care about you. Your Salvation and sanctification are the most important for Me, because they mean that you will come to Me, to Heaven, and we will always be together. What else could I desire as a Mother? Those who listen to My voice and wish to act according to My will, bring great relief to My heart and console Me. Help your Mother, and I will help you in all your affairs. Do not forget about Me. I am your Mother every day, and every day I wish to be with you and teach you with love, so that you may become so very similar to Me and to My Son. You are brothers and sisters of Jesus if you fulfill His Will. I want to teach you to recognize and to fulfill this Will.

My sacrifice was known to God and borne in the secret of My Heart only for Him alone. From today, I want you to strive to imitate this model in silence and in hiding, only for Him alone. If you do what is good in front of people and desire praise from them, what is left for Me for My Son? Hide your sufferings and sacrifices, so that you would be certain that you offer them to God and not to your own pride. The Nazareth about which I wish to tell you, will henceforth symbolized a place in your heart where you meet with Me and where you worship God. In this place, I want to teach you while staying with you. The spiritual Nazareth will henceforth be your escape and will always be with you, because it will be in the depth of your hearts. I will be always waiting there for you, to instruct you on this path. I want you to build in your hearts a home for God, a home for Jesus, as I was building it together with Joseph in Nazareth. You also should build your

hidden homes with the help of your saint friends and your Guardian Angels, who never abandon you. In a quiet corner of your hearts, I will dwell from morning till nightfall, creating your sacred tabernacles for God.

The house, which I was furnishing in Nazareth, had one goal. It was to be a dwelling for Jesus. Everything was arising for Him and with thought of Him. My every work was filled with thoughts of Him and the anticipation of Him. Even before the Angel announced to Me the joyful news, everything in Nazareth was an offering of a sacrifice to the future Messiah, who has always been first in My Heart, even before He was conceived in Me from the Holy Spirit. My home was a place of waiting for the Messiah. Each item in My home was permeated with thoughts about the Savior, a dream that permeated everything and filled everything with its lovely fragrance. The meaning of My life was the unceasing waiting for the Messiah. For Him I knelt in prayer, for Him I looked out the window staring at Heaven, for Him I ate and for Him I went to bed, for Him I kept watch during the night, for Him I cleaned, for Him I sewed, finally for Him I spoke and kept silent. For Him I cried and for Him I smiled, and every, every smallest task and every twitch of My Heart was directed towards Heaven, so it may send down on Earth its Messiah, our Savior, who will be God on Earth, God at home, God with us.

So do not think that Nazareth became a place prepared for Jesus only after the annunciation of the happy tidings to Me, of course not. Nazareth was the place being prepared for the coming of Jesus all along. First was the expectation and the desire, and only later Nazareth, which became the real home for the Messiah as a reflection of the inner home of My Heart, that was already ready and waiting for Him since many, many years for I was building it from the moment when I heard the joyful news that God has promised us a Messiah. Since then, nothing else ever engaged My thoughts and My Heart on par with the thought and the expectation of God coming to mankind in a human body. How much I have been living by this one desire. I could have defined Myself on earth as the one who expected the Messiah, because it has been My nature and My vocation from the beginning of My life. When I was waking up, I was woken up by the hope that maybe today the Messiah will descend upon the Earth. And when I was falling asleep, I was hoping that this night some holy chosen woman shall conceive God on Earth. Those were My dreams that filled My thoughts and My Heart, My entire days and nights. He was in everything; the longing for Him, and the desire to see Him and to consecrate Myself to Him.

Thus, do not think that Nazareth is a place created for God because of His birth and His presence in the flesh. Nazareth is the place of God in the world of the spirit, which only God sees, and only later the image of this spiritual world is relocated into the earthly reality. So build your homes for Jesus, your temples in your hearts, consciously expecting that He will descend into them from the high Heaven and He will dwell in them with Me, so that together we could live on Earth as a family. I want to instruct you about how to prepare your hearts for a dwelling for My Son; so you would be homes agreeable to Him, in which He can lay His head. I will teach you how to act so you would be agreeable tabernacles for Him on Earth, from which He will never leave anymore. Jesus desires to be conceived in every human heart and He desires to live in every human heart. Together with the grace of the holy baptism, this spiritual conception happens in the human heart through the action of the Holy Spirit. Later, however, Jesus needs from you such a great care, so He may live and grow in your hearts. About this I want to teach you, so you may notice Him and care about Him, imitating My motherly care. I will be teaching you this in the coming days. I bless you all in the name of the Father and the Son and the Holy Spirit. Amen.

Seventh rule

7) DAILY CONSCIOUS NURTURING OF GOD IN THE SOUL.

My child, I would like you to be completely similar to Me. The more you will become like Me, the more you will please God, and the more you will fulfill the Will of God. I would like to dwell with you, so that by staring at Me you may become like Me. I will teach you and you, listen and ask. Through obedience and humility, you will receive the grace that will be necessary for the fulfillment of My will.

I told you yesterday about My place in your heart where God dwells, and I dwell everywhere together with Him. God dwells in you through His grace, and I dwell in God through a union of love. You do not have to understand this well. You must rather believe that God lives in you and your heart is His home. Nazareth was given to all the baptized souls and they truly have the One who saved them. The grace of baptism is, however, overshadowed by sin. Thus, to take full advantage of its fruits, one should support its soul through other sacraments. Little Jesus grows in the soul who loves Him, who cares for Him, and above all who is aware of His presence in its own heart.

To worship God means to believe in Him, believe Him and give Him glory through love. The heart of man is the house of God. Jesus inhabits it regardless of whether it is beautiful, full of virtue and well prepared for Him, or whether it is quite shabby and poor. After all, God was born in the humblest stable, because it alone did not refuse Him a place on Earth. In the same way, your hearts, if only they desire God and call upon Him, are His dwelling in which He gladly resides.

Our work will consist of becoming aware of the presence of Jesus in your hearts and taking care of Him as of a gift from God. Through every task and thought offered to God, Jesus receives our love and grows in the heart of the one who loves Him. We will strive to ensure that He grows so much that He will overtake completely the home in which He resides, and thus He will transform the one in whom He grows into Himself. To this end, I will teach you to slowly but continuously forget about yourselves and become aware of God's presence in your souls. I bless you, My daughter, in the name of the Father and the Son and the Holy Spirit. Amen.

Eighth rule

8) FEEDING GOD IN THE SOUL – INTENTIONS OF ACTS.

My child, Jesus in you above all desires love. This is spiritual food for God, who is a God of the spirit. Thus, while caring for My Son, remember this, that love is what He needs. Therefore, in all your actions, remember about love, which should be the fruit of each undertaken action. Without love, everything loses its meaning. Like salt that has lost its flavor does not add anything to the dish and does not enhance it in any way; likewise deeds without love, words without love, and any undertaking without love is meaningless and does not bring anything to God, because He feeds on the fruits of these deeds and efforts, and not on themselves.

Love gives meaning to life. Love gives meaning to everything. An action completely devoid of meaning gains it through love, and in the same way any work can sanctify the soul and bear fruit, rejoicing God. Thus, remember that not deeds and their number must increase, not words and their beauty, but love in the soul. So try to act less and to love more. Let love be the reason for any action, not the actions in themselves. Deeds must always follow love, and not love follow deeds, because then it happens that after

love is extracted from deeds, there is very little of it left, or it even turns out that it was never able to catch up with deeds. The point is not to wait for the feeling of love in every action. It is not a question of feeling, but of the will to act out of love and with love. The intention of all action should be pure, and thus arise out of love.

Do not undertake actions if their motive is not love. God Himself acts only out of love and never acts otherwise. I was also striving for My every action to flow out of love and to be a prayer addressed to God, worshiping Him in His work of Creation, Incarnation and Redemption. I would like that every one of you consciously undertook actions, not mechanically, not by instinct, but consciously. The conscious life of a Christian is a service to God and people. The service to God consists of fulfilling His Will; the service to people consists of fulfilling the Will of God towards them.

My daughter, the whole art of a perfect life consists of serving with love and undertaking actions subjected to those higher purposes, and hence the higher Will of the Creator. From the perspective of eternal life, man sees his life and evaluates its value completely differently than he perceived it from a human perspective. All that he has done for purely human motives is a complete waste of time. All that he has done for Godly motives, and therefore guided by the service of Love, has eternal value and does not perish. Thus, sometimes action is less valuable than failure to act. For what does have value and what does not decide the intentions, either filled with love or deprived of it. Each moment of the life of man has as much value as it is filled and directed by love. Love is not a feeling, but the fulfillment of the Will of God. Do not be afraid to completely surrender and consecrate yourselves to this Will, because it gives meaning to everything. I bless you, daughter, in the name of the Father and of the Son and the Holy Spirit. Amen.

Ninth rule

9) ADORATION OF GOD IN THE BLESSED SACRAMENT.

I want you to remember My Son. My Son is alive and He is among you. My Son is not gone from the Earth, but He lives on it together with you until the end of times. Remember Him. His real presence among you is a huge grace, which you can not properly perceive because of little faith. If you truly believed, Jesus would not be lonely,

and among you there would be no people who are sick or possessed. The reverence that you pay to Jesus in the Blessed Sacrament, and the love that you bestow upon Him by visiting the Blessed Sacrament, are a test of your faith.

You have to realize that Jesus did not want to leave the Earth. He had to die for your Redemption, but He never stopped desiring to dwell among you, to cure your sick bodies and souls. Coming into the world in a human form, as a born God, He gifted mankind with His blessed presence and everyone who worshipped Him and believed in Him, that He truly has the power to work miracles in the name of God, was healed. God in His justice does not deprive man of His presence even today. You just have to believe that He had to leave the Earth in this guise, in which He was crucified, for man to understand and accept Redemption as real event, located in the history of man, that has been accomplished.

Jesus as a man has been crucified, laid in the tomb, resurrected and ascended to Heaven. These are facts that are necessary for man to believe and worship God for His unfathomable mercy, whose summit He revealed to man in His Son, the Redeemer of the world. If Jesus had not ascended to Heaven, man would not be able to comprehend His presence in Heaven at the right hand of the Father, and His kingship over all that belongs to the Father. God, however, never wanted to leave the Earth and leave His creation behind. In His merciful plan of salvation, He foresaw a way to stay on the Earth despite His actual departure from it. This Divine love and desire to dwell with man manifested itself in the establishment of the Blessed Sacrament, in which God forever embodied His full presence of Earth.

Thus, the Blessed Sacrament is God hidden from the human senses, God in Flesh and Blood, Jesus – Man and Jesus – God. Jesus in the Blessed Sacrament hid himself from the sensory part of man, but He is truly present in It in His entire bodily and spiritual form, and thus in the fullness of His humanity and the fullness of His Divinity. The only difference that divides the times when He treaded the Earth from our times, is that one can not perceive Him without faith. I know that given the few miracles that you experience today, it is more difficult for you to believe that it is truly Jesus who is with you and lives among you. However, the contemporaries of Jesus also needed to raise to the heights of faith to recognize God in Him. He was also hidden from them. He appeared to the human senses, but hid Himself as God.

To love Jesus in the Blessed Sacrament is just that — to believe. Faith in the fact that He truly loves so much that He stayed on Earth with man. You all know where He lives. You can all go to Him. You can all speak with Him and be healed. You must just show faith. Just as in the past, Jesus is waiting only for your faith. You have received so much, because when My Son treaded on the Earth, He could not stay with everyone as much as He desired. His human nature restricted Him. Now He can stay with everyone as long as you wish. Now He has time for everyone, He will meet everyone individually, and His home is known to everyone. Why then it remains empty? Why crowds do not line up to see Him, to meet Him? Why no one comes to thank and to ask? It is because of little faith. Due to disappearing faith on Earth, the house of God remains empty. If you will truly believe, you will see how great is the gift that you have all received. My Jesus is always with you and is always waiting to bestow His miracles upon those who will come to Him.

The Blessed Sacrament is My Son, newborn and deposited in the manger, teaching and healing as a Master and Teacher of mankind, abandoned and forgotten in Gethsemane, scourged and tormented in hiding, accused and humiliated on His way of the cross, crucified and laid in the tomb, and finally risen and seated on the throne in Heaven, the Lord and King of all creation. So much in such a small and modest form. Believe that the human mind is not able to size so much, not able to size God, because God gives everything to man, but in the mystery of His coverture. He gives you the graces that you receive in a great mystery, so that even yourselves do not know them and often enough are not able to recognize them. My Son is so humble, so quiet, that the does not demand worship for His power and glory, but love for His kindness and compassion for His Sacrifice. Get to know Him and strive to perceive Him in the Blessed Sacrament, and then you will receive the grace of perceiving Him in your own interior. I bless you, daughter, in the name of the Father and of the Son and the Holy Spirit. Amen.

Tenth rule

10) TESTIMONY OF LIFE IN GOD.

Today I will also direct My teaching towards the world. I will teach you about what is worth doing and what is not. For you take care of many things, and this is not necessary. Man should remember about the fact that his heart ought to belong to God and your

prayer should direct your thoughts toward spiritual things. The heart must be very closely guarded, because it easily indulges in other matters, matters of the world, and later it is very difficult to break away from them. The world will not give you happiness, or ownership, or possessions, because one gust of Divine justice will take away from you all the glory of this earth. The heart of man is created by God and for God; this is why only He can make it happy.

It is easier to forget about God while living in the world than while living in a monastery, and yet today is needed a testimony of faith on the outside, in active life. I want to teach you this life. I have also been staying among people and made one of the many ordinary families. However, each day, I engaged all My strength and all My Heart to live through it in accordance with the Will of God. I want to draw your attention to your activities, work, and responsibilities. They often absorb you completely, and yet they are not the essence of life but a backdrop for love. One should not give them his heart, but only use them for the glory of God. Testimony given in front of people and faithfulness brought to God; this is what your daily duties should serve for. The paramount goal should always guide each task and work. The garden should be nurtured as a votive offering for God, orderliness should be maintained out of consideration for Divine harmony in which reigns perfect order. Household activities carried out in the spirit of service to others, and external activities in the spirit of testimony.

Going outside, you always bring testimony to people. Either good or bad. If your will of testifying about the Truth is true and honest, you will receive the opportunity to prove it. While testifying, always remember about love. No one who has no love can testify about it. Love is precisely the best testimony and speaks the most about the Truth, convinces towards the Truth. Love says much more than words. Such should be your testimony on the outside, filled from start to finish with love.

This love can manifest itself through mercy, humility, patience, forbearance towards the imperfections of others, exactitude and conscientiousness at work, as well as honesty. Also pay attention to your words. By complaining, you do not bear witness to love; by judging your neighbours, you are not good witnesses. By discussing with curiosity about the affairs of others, you are wasting your own time and someone else's, not bringing anything to God. Aim to speak only when it has some higher purpose. Do not open your mouths without thinking, telling everything that you have heard. Let your words be

valuable. Do not behave like unbelievers, who are absorbed without end by the matters and disputes of the world.

Keep inner peace and strive to spread it everywhere, where you will be sent. You have to differ from others in order to be witnesses. Do not join conversations which are not directed towards good. Do not take part in frauds, even the smallest ones. Be careful not to imitate without thinking others and their choices. Act wisely, because upon you falls the responsibility of testifying about the Truth, and your evil deeds will be seen as an acquiescence for evil. You do not have to talk a lot, or convince much. You have to testify, being always faithful to God and always happy because of this faithfulness, thanks to which you experience the presence and the graces of God. When your testimony will be true, then you will be asked on your own for advice, for help, and for comfort. You just have to preserve love and faithfulness, and everything will go on according to the Will of God.

Eleventh rule

11) SENSE OF LIFE - THE WILL OF GOD.

The plan of God fills the entire life of man; this is why man should be attached to the Word of God and the holy sacraments, and to nothing else. It is very difficult but possible for the one who truly desires to remain free for the service of God. Human plans multiple times cross over the Will of God, and certainly they hinder Its realization. A man devoted to the Will of God should not hatch plans, because he does not know what God demands of him. He should completely rely on the Will of God, and then he will have no difficulty in listening to the voice of God and accepting the Will of God for his life.

My life has been planned in the Divine mind before I was born. So it is with all of you. My life could not have been more perfect, because it has been planned by God. So how could I boast with pride towards His wisdom by planning anything? Also, you repeatedly experience that your plans do not materialize themselves, and events that you could not foresee destroy all your achievements and do not allow you to enjoy the realization of your plans. This is because your plans were not the plans of God. He destined you to other goals, other places, other tasks. Let the Holy Spirit lead you. Pray

for the fulfillment of the will of God in your life. Do not waste time on work that may be crossed out by the Will of God. Go straight to the goal that was appointed to you by God, and at the end of your days you will not have to regret your whole life, seeing how different your vocation was from what you have dedicated yourselves to.

Man has only one single life. From the perspective of Heaven, it is successful to the extent that the Will of God was fulfilled within it. Even if from the human perspective you would have achieved very much, in front of God you will recognize that you have wasted all the years of your life if you were not looking for the Will of God. Your life on Earth should only serve to prepare you for tasks that you will undertake in the future. Heaven is not a place for the dead but for the living. Only in Heaven we truly live and love in complete freedom and joy, giving glory to God and participating in His life.

Look at My life. Would it be extraordinary from the human point of view? I was a poor woman raising the only Son. Women in Israel prided themselves in numerous offspring, so I was very poor beside them. Joseph was working entire days to provide us with decent conditions, but we always lived modestly. Our house remained poor. We did not enlarge its bedroom. We were born poor and died poor. From the point of view of man, we have not achieved anything, and Jesus, the fruit of My life, has been recognized as a blasphemer and crucified as a disgrace of the entire nation. Absolutely nothing has brought Me fame. In view of relatives, close people, we were just poor people upon whom have befallen many misfortunes, and I, the poorest of poor widows, who lost Her only Son and remained abandoned by God for Her sins. Here is the picture that people saw. However, the picture that God painted was completely different. In the secrecy of My Heart, I experienced God's miracles, blessed with an immortal treasure that nobody will ever be able to take away from Me. And in My darkest hours, I was still the richest creature on Earth and I would not even be able to think about a different fate than the one predetermined for Me by God.

I want to make you realize that not only I, as the Mother of God, by desiring something else for Myself than what God has planned, would bring widespread calamity to the whole world, but each one of you, by rejecting the Will of God for your life, brings misfortune to the whole world. After all, you do not know how great are the plans of God for you. How much you have to accomplish for Him and for the Salvation of people. Think about what would have happened if I had not followed the path appointed to Me by the eternal plan of God, and relocate this image into your life. How many human lives

could be saved if you would listen to God's inspirations? How many human lives will perish because of disobedience towards God's Will and your perseverance in living only for yourselves and satisfying only your own cravings. No man lives only for himself and no man is responsible only for himself. To each man God has predestined souls about which He will ask him at the hour of death.

Do not waste your life to deal with your own affairs and your own plans. Give yourselves over completely into the hands of God, because only so you can prevent the great evil, which happens through you in the world. All misfortunes, wars, disasters, and murders are the consequences of not listening to the Word of God and not fulfilling His Will. Each man, by rejecting the Will of God, brings misfortunes upon the whole world. No one is excluded from the world and from the responsibility for the world. Thus, by leading a bad life, he plunges not only himself, but brings over the world wars, diseases, cataclysms and other curses of the Earth. Sin has cruel consequences that affect both the good and the bad. Think about the responsibility for all these misfortunes, which affect yourselves and others. If you do not want to be responsible for them, open yourselves up completely to the Will of God and accept it in your life, so that God may act through you and realize His redemptive Will towards the world.

God's mercy must spill into the world through holy and devoted souls. Show trust in God and take upon yourselves the cross of My Son, so that through you He might be gracious, might have mercy over the world, and might do good, which is always His Will. Believe that the eternal plan of God is more perfect than your plans, and devote yourselves to the service of God in doing His Will over the world. I bless you all in the name of the Father and the Son and the Holy Spirit. Amen.